



## QUALIFICATION FACTS:

CACHE LEVEL 1 AWARD, CERTIFICATE AND DIPLOMA IN  
INTRODUCTION TO HEALTH, SOCIAL CARE AND CHILDREN'S  
AND YOUNG PEOPLE'S SETTINGS (QCF)

These qualifications are aimed at people considering a career in health and/or social care with adults or children and young people. Each builds on the knowledge gained from the previous qualification.

Offered in Schools or Colleges, they will develop knowledge and awareness of the types of provision in these sectors and the roles played by workers – from principles and values through to health and safety and working with others. There is also an option to take units in more specialised areas such as learning disability, sensory loss or mental health.

They do not qualify learners to work directly with adults, children or young people but provide a starting point for deciding whether a career in the sector is right for them. On completing the qualifications, learners who wish to pursue a career can progress to other Level 2 qualifications such as the CACHE Level 2 Diploma in Health and Social Care or the CACHE Level 2 Certificate for the Children and Young People's Workforce.

## ENTRY REQUIREMENTS AND EXPERIENCE IN REAL WORK ENVIRONMENTS

### Requirements

There are no formal entry requirements for these qualifications but learners must be at least 14 years of age for the Award and Certificate and at least 16 years of age for the Diploma.

### Work in a real work environment

Learners do not need to be working as these are knowledge only qualifications.

## QUALIFICATION STRUCTURE

### CACHE LEVEL 1 AWARD, CERTIFICATE AND DIPLOMA IN INTRODUCTION TO HEALTH, SOCIAL CARE AND CHILDREN'S AND YOUNG PEOPLE'S SETTINGS (QCF)

To complete the **Award** learners must achieve a minimum of **10 credits**.

**6 credits** must be achieved from the mandatory units in group A and then at least **4 more credits** must be gained from the optional units in group B.

To complete the **Certificate** learners must achieve a minimum of **25 credits**.

**20 credits** must be achieved from the mandatory units in group A and then at least **5 more credits** must be gained from the optional units in group B.

To complete the **Diploma** learners must achieve a minimum of **37 credits**.

**20 credits** must be achieved from the mandatory units in group A and then at least **17 more credits** must be gained from the optional units in group B.

## UNITS FOR THE AWARD - GROUP A MANDATORY UNITS

| UNIT REF NO. | TITLE  | UNIT TYPE | LEVEL | CREDIT |
|--------------|--|-----------|-------|--------|
| A/602/6187   | Understand the range of service provision and roles within health and social care (adults, children and young people), early years and childcare | Knowledge | 1     | 3      |
| J/602/6189   | Understand the principles and values in health and social care (adults, children and young people), early years and childcare                    | Knowledge | 1     | 3      |

## GROUP B - OPTIONAL UNITS

| UNIT REF NO. | TITLE   | UNIT TYPE | LEVEL | CREDIT |
|--------------|---|-----------|-------|--------|
| R/602/6194   | Awareness of protection and safeguarding in health and social care (adults, children and young people), early years and childcare | Knowledge | 1     | 3      |
| T/602/6205   | Introduction to communication in health and social care (adults, children and young people), early years and childcare            | Knowledge | 1     | 2      |
| R/502/9716   | Introductory awareness of equality and inclusion in health, social care and children's and young people's settings                | Knowledge | 1     | 3      |
| Y/502/9717   | Introductory awareness of health and safety in health, social care and children's and young people's settings                     | Knowledge | 1     | 4      |
| D/502/9718   | Introductory awareness of person-centred support in health, social care and children's and young people's settings                | Knowledge | 1     | 2      |
| H/502/9719   | Introductory awareness of working with others in health, social care and children's and young people's settings                   | Knowledge | 1     | 2      |
| Y/502/9720   | Introductory awareness of the importance of healthy eating and drinking for adults  | Knowledge | 1     | 3      |

Total Guided Learning Hours for the Award **86 - 101**

## UNITS FOR THE CERTIFICATE AND DIPLOMA - GROUP A MANDATORY UNITS

| UNIT REF NO. | TITLE  | UNIT TYPE | LEVEL | CREDIT |
|--------------|--|-----------|-------|--------|
| A/602/6187   | Understand the range of service provision and roles within health and social care (adults, children and young people), early years and childcare | Knowledge | 1     | 3      |
| J/602/6189   | Understand the principles and values in health and social care (adults, children and young people), early years and childcare                    | Knowledge | 1     | 3      |
| R/602/6194   | Awareness of protection and safeguarding in health and social care (adults, children and young people), early years and childcare                | Knowledge | 1     | 3      |
| T/602/6205   | Introduction to communication in health and social care (adults, children and young people), early years and childcare                           | Knowledge | 1     | 2      |
| R/502/9716   | Introductory awareness of equality and inclusion in health, social care and children's and young people's settings                               | Knowledge | 1     | 3      |
| Y/502/9717   | Introductory awareness of health and safety in health, social care and children's and young people's settings                                    | Knowledge | 1     | 4      |
| D/502/9718   | Introductory awareness of person-centred support in health, social care and children's and young people's settings                               | Knowledge | 1     | 2      |

## GROUP B OPTIONAL UNITS

| UNIT REF NO. | TITLE   | UNIT TYPE | LEVEL | CREDIT |
|--------------|---|-----------|-------|--------|
| A/601/3407   | Human growth and development  | Knowledge | 1     | 2      |
| M/602/5022   | Introduction to disability awareness  | Knowledge | 1     | 1      |
| F/602/6207   | Introduction to children and young people's development   | Knowledge | 1     | 3      |
| K/602/6301   | Understand the importance of engagement in leisure and social activities in health and social care              | Knowledge | 1     | 3      |
| H/602/6314   | Introduction to the physical care of babies and young children  | Knowledge | 1     | 3      |
| K/602/6315   | Introduction to the development of children and young people through play                                       | Knowledge | 1     | 2      |
| H/602/6328   | Encourage children and young people to eat healthily  | Knowledge | 1     | 2      |
| T/602/6303   | Introduction to a healthy lifestyle   | Knowledge | 1     | 3      |
| Y/602/6309   | Introduction to autistic spectrum condition   | Knowledge | 1     | 3      |
| L/602/6310   | Introduction to learning disability   | Knowledge | 1     | 3      |
| R/602/6311   | Introduction to physical disability   | Knowledge | 1     | 3      |
| L/602/6372   | Introduction to sensory loss  | Knowledge | 1     | 3      |
| Y/602/6374   | Introduction to mental health   | Knowledge | 1     | 3      |
| D/602/6375   | Introduction to dementia  | Knowledge | 1     | 3      |
| H/502/9719   | Introductory awareness of working with others in health, social care and children's and young people's settings | Knowledge | 1     | 2      |
| Y/502/9720   | Introductory awareness of the importance of healthy eating and drinking for adults                              | Knowledge | 1     | 3      |

Total Guided Learning Hours for the Certificate **212 - 234**

## ADDITIONAL GROUP B OPTIONAL UNITS FOR THE DIPLOMA ONLY

| UNIT REF NO. | TITLE   | UNIT TYPE | LEVEL | CREDIT |
|--------------|---|-----------|-------|--------|
| A/600/3735   | Self development  | Knowledge | 2     | 3      |
| T/600/3250   | Investigating a vocational area   | Knowledge | 2     | 2      |
| M/503/3868   | Understanding risk within health, social care and children's and young people's settings                | Knowledge | 2     | 1      |
| R/503/3149   | Introductory awareness of bereavement in health, social care and children's and young people's settings | Knowledge | 2     | 3      |
| D/501/7228   | Job opportunities in health and social care   | Knowledge | 1     | 4      |
| H/601/5474   | Introduction to duty of care in health, social care or children's and young people's settings           | Knowledge | 2     | 1      |

Total Guided Learning Hours for the Diploma **307 - 342**

## ASSESSMENT

All units will be **internally assessed** using a range of methods which could include: written assignments or tasks such as designing a leaflet or booklet, charts or diagrams or setting up an information board.

The qualifications will be pass or refer and all the assessment criteria for the chosen units **must be** achieved in order to obtain a pass.

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### FOR MORE INFORMATION

The full Qualification Specification, which includes the assessment criteria for each unit, can be downloaded free of charge from our website [www.cache.org.uk](http://www.cache.org.uk) or our secure Centre website: [cachezone](http://cachezone).

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### NURTURING ACHIEVEMENT SINCE 1945

When the Second World War ended in 1945, many women who had worked during the war stayed on in their jobs. The Government recognised that professional child care was a priority, and the National Nursery Examination Board (NNEB) was founded. In 1994, the NNEB merged with the Council for Early Years Awards, and CACHE was formed.

Over these 65 years, we have continually invested in high quality qualifications. Written and developed by experts they have proved to be successful for millions of learners, earning us a reputation for excellence and leadership across the sector.

Today our continued dedication to nurture the achievement of all those who care for children, young people and adults means our qualifications will always meet the needs of a modern workforce.

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