

# CACHE Qualification Specification

CACHE Level 2 Certificate in Preparing to Work in  
Adult Social Care (QCF)

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CACHE Level 2 Certificate in Preparing to Work in Adult Social Care 600/0047/8

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# Section 1: General introduction

## About this Qualification Specification

This Qualification Specification contains details of all the units and assessments you will be required to complete to gain the qualification. It also contains extra information for your tutor or assessor.

In addition to this Specification there is a separate 'Resource Centre' which contains general information to help support the qualification. This pack has been designed for tutors or assessors and can be found on our secure website 'cachezone'.

## How the qualification works

This qualification is made up of units each representing a small step of learning. This allows the qualification to be completed at your own pace.

All of the units achieved can be 'banked'. This means that if you want to take another qualification which includes the same units you do not have to take them again.

Each unit has:

- a **level** - *shows how difficult it is*
- a **credit Value** - *one credit represents about 10 hours' work*
- a **unit aim** – *explains what is covered in the unit*
- **learning outcomes** – *cover what you need to do (skills) or what you need to understand (knowledge)*
- **assessment criteria** – *what you need to show (evidence)*

Each learning outcome is linked to a number of assessment criteria. Evidence must be provided for all the assessment criteria to gain the unit.

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand why effective communication is important in the work setting.	1.1. Identify the different reasons people communicate.		
	1.2. Explain how communication affects relationships in the work setting.		

Example shows how outcomes and criteria are laid out in the Unit Assessment Records (UARs) in Section 3

## Understanding learning outcomes

There are two main types of learning outcome:

- **Skills** that can be performed
- **Knowledge** that can be learnt.

Sometimes they can cover a combination of the two.

### Competence / Skills based learning outcomes:

- generally begin with 'Be able to' and the assessment criteria usually show that the evidence must be observable
- are about being able to perform a variety of different tasks as part of your work role **within** a real work environment.

### Knowledge based learning outcomes:

- generally begin with 'Know', 'Understand' or 'Know how to' and the assessment criteria will reflect that evidence can be recorded in ways other than observation, although observation remains a valid method (however, some learning outcomes could be purely knowledge based and do not need to be in the context of a work role).

## Making use of the CACHE websites

The CACHE websites are maintained on a regular basis and this is where the most up to date documents can be found. We strongly advise that these should be used as a resource on an on-going basis to ensure you always have the most current information.

All our qualification documents are version controlled, allowing you to check for updates or revisions.

### The Public Website

Our public website address is: [www.cache.org.uk](http://www.cache.org.uk) and contains information that is available to everybody. It contains information about all our qualifications, including:

- Key Facts
- Qualification Specifications

There are also some other key documents that can be referred to when required. For example:

- **Complaints Procedure**
- **Appeals Process**
- **Equality and Diversity Statement** – our approach to non-discrimination
- **CACHE Statement of Values** – our values when working with children or young people

It also contains regular news updates and case studies and links to websites from other organisations that might be of interest.

### The Centre Secure Website

More specific information to support Centre delivery (including the Resource Centre) can be found on our secure website 'cachezone'. **This site is for Centres only.**

Login is via the 'cachezone page' on our public website using the details provided by the Centre administrator.



## **Section 2: About this qualification**

## Qualification summary

<b>Title</b>	CACHE Level 2 Certificate in Preparing to Work in Adult Social Care (QCF)			
<b>Type</b>	QCF			
<b>Qualification number</b>	600/0047/8			
<b>Aim</b>	<p>This qualification provides an ideal taster for learners who may be new to the sector or new to the world of work. It is accessible to learners of all ages who may want to understand more about working in health and social care. It aims to introduce some basic concepts of caring and preparation for employment in the sector.</p> <p>It aims to introduce knowledge around the following areas relating to working in adult social care:</p> <ul style="list-style-type: none"> <li>• communication</li> <li>• equality, diversity and inclusion</li> <li>• personal development</li> <li>• role of the social care worker</li> <li>• handling information</li> <li>• health and safety</li> <li>• safeguarding</li> <li>• duty of care</li> <li>• person-centred approaches.</li> </ul> <p>It relates to the knowledge elements covered in the mandatory units of the Health and Social Care Diploma at Level 2. Learners progressing to the Health and Social Care Diploma at Level 2 will therefore have gained the underpinning knowledge for these units.</p>			
<b>Purpose</b> Ofqual code and description (where applicable)	<p>B. Prepare for further learning or training and/or develop knowledge and/or skills in a subject area</p> <p>B2. Develop knowledge and/or skills in a subject area</p> <p>Other (CACHE description): Does not confer competence or licence to practice</p>			
<b>Guided learning hours</b>	Min	179	Max	179
<b>Credit value</b>	20	<b>Minimum credits at / above Level</b>		20
<b>Minimum age of learner</b>	14			

<b>Age ranges covered by the qualification</b>	18+
<b>Real work environment (RWE) requirement / recommendation</b>	Learners do not need to be working or undertaking practical placements to take this qualification.
<b>Progression</b>	It is anticipated that learners who achieve the Level 2 Certificate in Preparing to Work in Adult Social Care will progress to either the Level 3 Certificate in Preparing to Work in Adult Social Care or the Level 2 Diploma in Health and Social Care.
<b>Equivalencies / Performance Points</b>	Please refer to cachezone for up-to-date information on Equivalencies and Performance Points for CACHE qualifications.
<b>Recommended assessment methods</b>	Portfolio of evidence.
<b>Additional assessment requirements</b>	All units must be assessed in line with the Skills for Care and Development Assessment Strategy.
<b>Grading system</b>	The qualification will be pass or refer and all the assessment criteria for the chosen units must be achieved in order to obtain a pass.
<b>How long will it take to complete?</b>	The qualification can usually be completed in 6 months.
<b>Entry requirements / recommendations</b>	Learners should be at least 14 years old. CACHE does not set any other entry requirements but Centres may have their own guidelines.

## Introduction to this qualification

The CACHE Level 2 Certificate in Preparing to Work in Adult Social Care (QCF) provides an ideal taster for learners who may be new to the sector or new to the world of work. It is accessible to learners of all ages - school leavers who are eligible for employment and pre-apprenticeship programmes, adult returners or those undergoing a career change and who may want to understand more about working in health and social care. It aims to introduce some basic concepts of caring and preparation for employment in the sector.

This qualification is aimed at learners interested in, or new to, working in adult social care in England. It aims to introduce knowledge around the following areas relating to working in adult social care:

- communication
- equality, diversity and inclusion
- personal development
- role of the social care worker
- handling information
- health and safety
- safeguarding
- duty of care
- person-centred approaches.

It does not confirm competence but relates to the knowledge elements covered in the mandatory units of the Health and Social Care Diploma at Level 2. Learners progressing to the Health and Social Care Diploma at Level 2 will therefore have gained the underpinning knowledge for these units.

## Rules of combination

To achieve this qualification, learners must complete all 9 mandatory units, gaining them a total of 20 credits.

## Progression

It is anticipated that learners who achieve the Level 2 Certificate in Preparing to Work in Adult Social Care will progress to either the Level 3 Certificate in Preparing to Work in Adult Social Care or the Level 2 Diploma in Health and Social Care.

## Unit achievement log

Unit ref.	Unit No.	Unit title	Unit type	Level	Credit	GLH	Page	Date achieved	Notes
L/602/2905	PWCS 21	Principles of communication in adult social care settings	Knowledge	2	2	17	17		
L/602/3035	PWCS 22	Principles of personal development in adult social care settings	Knowledge	2	2	17	23		
H/602/3039	PWCS 23	Principles of diversity, equality and inclusion in adult social care settings	Knowledge	2	2	18	27		
A/601/8574	HSC 024	Principles of safeguarding and protection in health and social care	Knowledge	2	3	26	31		
H/601/5474	SHC 24	Introduction to duty of care in health, social care or children's and young people's settings	Knowledge	2	1	9	37		
A/602/3113	PWCS 25	Understand the role of the social care worker	Knowledge	2	1	9	41		
J/602/3180	PWCS 26	Understand person-centred approaches in adult social care settings	Knowledge	2	4	34	45		
R/602/3179	PWCS 27	Understand health and safety in social care settings	Knowledge	2	4	40	53		
Y/602/3118	PWCS 28	Understand how to handle information in social care settings	Knowledge	2	1	9	63		
					20	179			



## **Section 3: Units**

This section includes CACHE assessment tasks for tutors' convenience. They are not mandatory.

## Unit layout

For each unit the following material has been provided:

Unit title	Provides a clear, concise explanation of the content of the unit.
Unit number	The unique number assigned by the owner of the unit (e.g. Edexcel, CACHE etc.).
Unit reference	The unique reference number given to each unit at qualification approval by Ofqual.
Unit level	Denotes the level of the unit within the QCF framework.
Unit credit value	The value that has been given to the unit based on the expected learning time for an average learner.  1 credit = 10 learning hours.
Unit aim	Provides a brief outline of the unit content.
Learning outcome	A statement of what a learner will know, understand or be able to do, as a result of a process of learning.
Assessment criteria	A description of the requirements a learner must achieve to demonstrate that a learning outcome has been met.
Additional information*	This box identifies the assessment strategy relevant to the unit. When required, this will include specific guidance relating to the assessment of the unit and information to support the learner to achieve.
Unit assessment guidance*	Any additional guidance provided to support the assessment of the unit.
Unit guided learning hours	The average number of hours of supervised or directed study time or assessment required to achieve a qualification or unit of a qualification.
Assessment task (set by CACHE)*	A scenario or aspect of the work role that will support the learner in producing the evidence requirements for knowledge only learning outcomes.

\* *Additional information, Unit assessment guidance and Assessment tasks* may not be provided for all units.

NB: Words highlighted in bold in the learning outcomes, assessment criteria and assessment tasks are linked to the additional guidance section where more information on them can be found.



## PWCS 21: Principles of communication in adult social care settings

Unit reference L/602/2905 Level 2

Credit value 2 GLH 17

**Unit aim** The unit introduces the importance of communication in adult social care settings, and ways to overcome barriers to meet individual needs and preferences in communication. This unit is aimed at those who are interested in, or new to, working in social care settings with adults.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand why communication is important in adult social care settings.	1.1. Identify different reasons why people communicate.		
	1.2. Explain how effective communication affects all aspects of working in adult social care settings.		
	1.3. Explain why it is important to observe an <b>individual's</b> reactions when communicating with them.		
2. Understand how to meet the communication and language needs, wishes and preferences of an individual.	2.1. Explain why it is important to find out an individual's communication and language needs, wishes and <b>preferences</b> .		
	2.2. Describe a range of <b>communication methods</b> .		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
3. Understand how to reduce barriers to communication.	3.1. Identify barriers to communication.		
	3.2. Describe ways to reduce barriers to communication.		
	3.3. Describe ways to check that communication has been understood.		
	3.4. Identify sources of information and support or <b>services</b> to enable more effective communication.		
4. Understand confidentiality in adult social care settings.	4.1. Define the term "confidentiality".		
	4.2. Describe ways to maintain confidentiality in day to day communication.		
	4.3. Describe situations where information normally considered to be confidential might need to be shared with <b>agreed others</b> .		
	4.4. Explain how and when to seek advice about confidentiality.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 21**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 21
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	<p>An <b>individual</b> is someone requiring care or support.</p> <p><b>Preferences</b> may be based on:</p> <ul style="list-style-type: none"> <li>• beliefs</li> <li>• values</li> <li>• culture.</li> </ul> <p><b>Communication methods</b> include:</p> <ul style="list-style-type: none"> <li>• non-verbal communication: <ul style="list-style-type: none"> <li>- eye contact</li> <li>- touch</li> <li>- physical gestures</li> <li>- body language</li> <li>- behaviour</li> <li>- gestures</li> </ul> </li> <li>• verbal communication: <ul style="list-style-type: none"> <li>- vocabulary</li> <li>- linguistic tone</li> <li>- pitch.</li> </ul> </li> </ul>

	<p><b>Services may include:</b></p> <ul style="list-style-type: none"><li>• translation services</li><li>• interpreting services</li><li>• speech and language services</li><li>• advocacy services.</li></ul> <p><b>Agreed others may include:</b></p> <ul style="list-style-type: none"><li>• colleagues</li><li>• social worker</li><li>• occupational therapist</li><li>• GP</li><li>• speech and language therapist</li><li>• physiotherapist</li><li>• pharmacist</li><li>• nurse</li><li>• specialist nurse</li><li>• psychologist</li><li>• psychiatrist</li><li>• advocate</li><li>• dementia care advisor</li><li>• family or carers.</li></ul> <p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p>
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## Assessment task – PWCS 21 Principles of communication in adult social care settings

Effective communication is vital when working in adult social care. As part of your preparation for work and to show your understanding of the importance of communication in this area produce an information folder in the following 4 sections:

### Section 1: Why communication is important

### Section 2: How to meet individual's communication needs

### Section 3: Reducing barriers to communication

### Section 4: Confidentiality when working in adult social care settings

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2 and 1.3.

#### Section 1: Why communication is important

- Identify the different reasons people communicate.
- Explain how effective communication affects all aspects of working in adult social care settings.
- Explain why it is important to observe an individual's reactions, when communicating with them.

**Task 2** links to learning outcome 2, assessment criteria 2.1 and 2.1.

#### Section 2: How to meet individual's communication needs

- Explain why it is important to find out an individual's communication and language needs, wishes and preferences.
- Describe a range of communication methods.

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2, 3.3 and 3.4.

#### Section 3: Reducing barriers to communication

- Identify barriers to communication.
- Describe ways to reduce barriers to communication.
- Describe ways to check that communication has been understood.
- Identify sources of information and support or services to enable more effective communication.

Task 4 links to learning outcome 4, assessment criteria 4.1, 4.2, 4.3 and 4.4.

#### **Section 4: Confidentiality when working in adult social care settings**

- Define the term "confidentiality".
- Describe ways to maintain confidentiality in day to day communication.
- Describe situations where information normally considered to be confidential might need to be shared with agreed others.
- Explain how and when to seek advice about confidentiality.

## PWCS 22: Principles of personal development in adult social care settings

Unit reference L/602/3035

Level 2

Credit value 2

GLH 17

**Unit aim** The unit introduces the concepts of personal development and reflective practice, which are fundamental to adult social care roles. This unit is aimed at those who are interested in, or new to, working in social care settings with adults.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand what is required for good practice in adult social care roles.	1.1. Identify <b>standards</b> that influence the way adult social care job roles are carried out.		
	1.2. Explain why reflecting on work activities is an important way to develop own knowledge and skills.		
	1.3. Describe ways to ensure that personal attitudes or beliefs do not obstruct the quality of work.		
2. Understand how learning activities can develop knowledge, skills and understanding.	2.1. Describe how a learning activity has improved own knowledge, skills and understanding.		
	2.2. Describe how reflecting on a <b>situation</b> has improved own knowledge, skills and understanding.		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
	2.3. Describe how feedback from others has developed own knowledge, skills and understanding.		
3. Know how a <b>personal development plan</b> can contribute to own learning and development.	3.1. Define the term "personal development plan".		
	3.2. Identify <b>who could be involved</b> in the personal development plan process.		
	3.3. Identify <b>sources of support</b> for own learning and development.		
	3.4. List the benefits of using a personal development plan to identify ongoing improvements in own knowledge and understanding.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 22**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.



<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 23
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	<p><b>Standards</b> may include:</p> <ul style="list-style-type: none"> <li>• codes of practice</li> <li>• regulations</li> <li>• minimum standards</li> <li>• national occupational standards.</li> </ul> <p><b>Situation</b> – this may include a learning activity.</p> <p>A <b>personal development plan</b> may have a different name but will record information such as agreed objectives for development, proposed activities to meet objectives, timescales for review, etc.</p> <p><b>Who could be involved</b> may include:</p> <ul style="list-style-type: none"> <li>• the individual</li> <li>• carers</li> <li>• advocates</li> <li>• supervisor, line manager or employer</li> <li>• other professionals.</li> </ul> <p><b>Sources of support</b> may include:</p> <ul style="list-style-type: none"> <li>• formal support</li> <li>• informal support</li> <li>• supervision</li> <li>• appraisal</li> <li>• within the organisation</li> <li>• beyond the organisation.</li> </ul> <p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p>

## Assessment task – PWCS 22 Principles of personal development in adult social care

Personal development and reflective practice is fundamental to working in adult social care. To show an understanding of these two important principles prepare a project file which shows that you can:

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2, and 1.3.

- identify standards that influence the way adult social care job roles are carried out
- explain why reflecting on work activities is an important way to develop own knowledge and skills
- describe ways to ensure that personal attitudes or beliefs do not obstruct the quality of work

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2 and 2.3.

- describe how a learning activity has improved own knowledge, skills and understanding
- describe how reflecting on a situation has improved own knowledge, skills and understanding
- describe how feedback from others has developed own knowledge, skills and understanding

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2, 3.3 and 3.4.

- define the term “personal development plan”
- identify who could be involved in the personal development plan process
- identify sources of support for own learning and development
- list the benefits of using a personal development plan to identify ongoing improvements in own knowledge and understanding.

## PWCS 23: Principles of diversity, equality and inclusion in adult social care settings

Unit reference H/602/3039 Level 2

Credit value 2 GLH 18

**Unit aim** This unit introduces the concept of inclusion, which is fundamental to working in adult social care settings. This unit is aimed at those who are interested in, or new to, working in social care settings with adults.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand the importance of diversity, equality and inclusion.	1.1. Define what is meant by: <ul style="list-style-type: none"> <li>• diversity</li> <li>• equality</li> <li>• inclusion</li> <li>• discrimination.</li> </ul>		
	1.2. Describe how direct or indirect discrimination may occur in the work setting.		
	1.3. Explain how practices that support diversity, equality and inclusion reduce the likelihood of discrimination.		
2. Know how to work in an inclusive way.	2.1. List key legislation and codes of practice relating to diversity, equality, inclusion and discrimination in adult social care settings.		
	2.2. Describe how to interact with <b>individuals</b> in an inclusive way.		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
	2.3. Describe ways in which discrimination may be challenged in adult social care settings.		
3. Know how to access information, advice and support about diversity, equality, inclusion and discrimination.	3.1. Identify sources of information, advice and support about diversity, equality, inclusion and discrimination.		
	3.2. Describe how and when to access information, advice and support about diversity, equality, inclusion and discrimination.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 23**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 24 HSC 234
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	An <b>individual</b> is someone requiring care or support.  This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.

## Assessment task – PWCS 23 Principles of diversity, equality and inclusion in adult social care settings

An appreciation of the individuality of service users is fundamental to working in adult social care settings. To develop an understanding of this concept, prepare an information brochure. Your target audience is for new workers in an adult social care setting. Your brochure will need to contain the following content:

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2 and 1.3.

- a definition of what is meant by:
  - diversity
  - equality
  - inclusion
  - discrimination
- a description of how direct or indirect discrimination may occur in the work setting
- an explanation of how practices that support diversity, equality and inclusion reduce the likelihood of discrimination

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2 and 2.3.

- a list of key legislation and codes of practice relating to diversity, equality, inclusion and discrimination in adult social care settings
- a description of how to interact with individuals in an inclusive way
- a description of ways in which discrimination may be challenged in adult social care settings

**Task 3** links to learning outcome 3, assessment criteria 3.1, and 3.2.

- identification of sources of information, advice and support about diversity, equality, inclusion and discrimination
- a description of how and when to access information, advice and support about diversity, equality, inclusion and discrimination.



<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
2. Know how to respond to suspected or alleged abuse.	2.1. Explain the <b>actions to take</b> if there are suspicions that an individual is being abused.		
	2.2. Explain the actions to take if an individual alleges that they are being abused.		
	2.3. Identify ways to ensure that evidence of abuse is preserved.		
3. Understand the national and local context of safeguarding and protection from abuse.	3.1. Identify national policies and <b>local systems</b> that relate to safeguarding and protection from abuse.		
	3.2. Explain the roles of different agencies in safeguarding and protecting individuals from abuse.		
	3.3. Identify reports into serious failures to protect individuals from abuse.		
	3.4. Identify sources of information and advice about own role in safeguarding and protecting individuals from abuse.		
4. Understand ways to reduce the likelihood of abuse.	4.1. Explain how the likelihood of abuse may be reduced by: <ul style="list-style-type: none"> <li>• working with <b>person-centred values</b></li> <li>• encouraging <b>active participation</b></li> <li>• promoting choice and rights.</li> </ul>		
	4.2. Explain the importance of an accessible complaints procedure for reducing the likelihood of abuse.		



<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
5. Know how to recognise and report unsafe practices.	5.1. Describe <b>unsafe practices</b> that may affect the well-being of individuals.		
	5.2. Explain the actions to take if unsafe practices have been identified.		
	5.3. Describe the action to take if suspected abuse or unsafe practices have been reported but nothing has been done in response.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: HSC 024**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 24, HSC 240. Content recurs throughout HSC NOS knowledge requirements.
<b>Guidance for developing assessment arrangements for the unit:</b>	
Guidance for developing unit assessment arrangements – provided with the QCF unit	<b>Factors</b> may include: <ul style="list-style-type: none"> <li>• a setting or situation</li> <li>• the individual.</li> </ul>

	<p>An <b>individual</b> will usually mean the person supported by the learner but may include those for whom there is no formal duty of care.</p> <p>The <b>actions to take</b> constitute the learner's responsibilities in responding to allegations or suspicions of abuse. They include actions to take if the allegation or suspicion implicates:</p> <ul style="list-style-type: none"> <li>• a colleague</li> <li>• someone in the individual's personal network</li> <li>• the learner</li> <li>• the learner's line manager</li> <li>• others.</li> </ul> <p><b>A setting where there is no formal duty of care</b> includes adult health or social care settings.</p> <p><b>Local systems</b> may include:</p> <ul style="list-style-type: none"> <li>• employer/organisational policies and procedures</li> <li>• multi-agency adult protection arrangements for a locality.</li> </ul> <p><b>Person-centred values</b> include:</p> <ul style="list-style-type: none"> <li>• individuality</li> <li>• rights</li> <li>• choice</li> <li>• privacy</li> <li>• independence</li> <li>• dignity</li> <li>• respect</li> <li>• partnership.</li> </ul> <p><b>Active participation</b> is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.</p> <p><b>Unsafe practices</b> may include:</p> <ul style="list-style-type: none"> <li>• poor working practices</li> <li>• resource difficulties</li> <li>• operational difficulties.</li> </ul>
<p>Additional unit assessment requirements - provided with the QCF unit</p>	<p>This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.</p>

## Assessment task – HSC 024 Principles of safeguarding and protection in health and social care

In your work role you have been asked to produce a reference document for use in your work place. This document will be used to support understanding and raise awareness of the principles of safeguarding and protection in health and social care. Present the following information in five sections:

**Section 1: How to recognise signs of abuse**

**Section 2: How to respond to suspected or alleged abuse**

**Section 3: The national and local context of safeguarding and protection from abuse**

**Section 4: Ways to reduce the likelihood of abuse**

**Section 5: How to recognise and report unsafe practices**

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2 and 1.3.

### **Section 1: How to recognise signs of abuse**

- Define the following types of abuse:
  - physical abuse
  - sexual abuse
  - emotional/psychological abuse
  - financial abuse
  - institutional abuse
  - self-neglect
  - neglect by others.
- Identify the signs and/or symptoms associated with each type of abuse.
- Describe factors that may contribute to an individual being more vulnerable to abuse.

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2 and 2.3.

### **Section 2: How to respond to suspected or alleged abuse**

- Explain the actions to take if there are suspicions that an individual is being abused.
- Explain the actions to take if an individual alleges that they are being abused.
- Identify ways to ensure that evidence of abuse is preserved.

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2, 3.3 and 3.4.

### **Section 3: The national and local context of safeguarding and protection from abuse**

- Identify national policies and local systems that relate to safeguarding and protection from abuse.
- Explain the roles of different agencies in safeguarding and protecting individuals from abuse.
- Identify reports into serious failures to protect individuals from abuse.
- Identify sources of information and advice about own role in safeguarding and protecting individuals from abuse.

**Task 4** links to learning outcome 4, assessment criteria 4.1 and 4.2.

### **Section 4: Ways to reduce the likelihood of abuse**

- Explain how the likelihood of abuse may be reduced by:
  - working with person-centred values
  - encouraging active participation
  - promoting choice and rights.
- Explain the importance of an accessible complaints procedure for reducing the likelihood of abuse.

**Task 5** links to learning outcome 5, assessment criteria 5.1, 5.2 and 5.3.

### **Section 5: How to recognise and report unsafe practices**

- Describe unsafe practices that may affect the well-being of individuals.
- Explain the actions to take if unsafe practices have been identified.
- Describe the action to take if suspected abuse or unsafe practices have been reported but nothing has been done in response.

## SHC 24: Introduction to duty of care in health, social care or children's and young people's settings

Unit reference H/601/5474 Level 2

Credit value 1 GLH 9

**Unit aim** This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. It introduces the concept of duty of care and awareness of dilemmas or complaints that may arise where there is a duty of care.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand the implications of duty of care.	1.1. Define the term 'duty of care'.		
	1.2. Describe how the duty of care affects own work role.		
2. Understand support available for addressing dilemmas that may arise about duty of care.	2.1. Describe dilemmas that may arise between the duty of care and an individual's rights.		
	2.2. Explain where to get additional support and advice about how to resolve such dilemmas.		
3. Know how to respond to complaints.	3.1. Describe how to respond to complaints.		
	3.2. Identify the main points of agreed procedures for handling complaints.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: SHC 24**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	CCLD 203 HSC 24 GCU 2  Themes recur as knowledge requirements and core values throughout HSC and CCLD NOS.
<b>Guidance for developing assessment arrangements for the unit:</b>	
Additional unit assessment requirements provided with the QCF unit	This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

## Assessment task - SHC 24 Introduction to duty of care in health, social care or children's and young people's settings

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2, 2.1 and 2.2.

As a new member of staff, as part of your induction you have been asked to provide a resource folder about 'Duty of Care.' You will need to put evidence into the folder that shows that you can:

- define the term 'Duty of care'
- describe how the duty of care affects own work role
- describe dilemmas that may arise between the duty of care and individual's rights
- explain where to get additional support and advice about how to resolve such dilemmas.

Make sure that your folder also contains evidence to show that you can:

- describe how to respond to complaints
- identify the main points of the agreed procedures for handling complaints.

**Task 2** links to learning outcome 3, assessment criteria 3.1 and 3.2.

Make sure that your folder also contains evidence to show that you can:

- describe how to respond to complaints
- identify the main points of the agreed procedures for handling complaints.







<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
3. Understand the importance of working in partnership with others.	3.1. Explain why it is important to work in partnership with <b>others</b> .		
	3.2. Identify ways of working that can help improve partnership working.		
	3.3. Identify skills and approaches needed for resolving conflicts.		
	3.4. Explain how and when to access support and advice about: <ul style="list-style-type: none"> <li>• partnership working</li> <li>• resolving conflicts.</li> </ul>		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 25**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 23, 227
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	<p><b>Agreed ways of working</b> include policies and procedures where these exist; they may be less formally documented with micro-employers.</p> <p><b>Others</b> who are important to an individual may include:</p> <ul style="list-style-type: none"> <li>• carers</li> <li>• family members</li> <li>• friends</li> <li>• advocates.</li> </ul> <p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p>

## Assessment task – PWCS 25 Understand the role of the social care worker

Working in social care settings requires the worker to understand the parameters of the job role, and those of the organisation and the sector. In this task you will show your knowledge and understanding of:

1. The nature of working relationships when working in adult social care
2. Working in ways that are agreed with the employer
3. Working in partnership with others.

Produce a document giving the following information:

**Task 1** links to learning outcome 1, assessment criteria 1.1 and 1.2.

- an explanation of how a working relationship is different from a personal relationship
- a description of different working relationships in social care settings

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2 and 2.3.

- a description why it is important to adhere to the agreed scope of the job role
- an outline of what is meant by agreed ways of working
- an explanation of the importance of full and up-to-date details of agreed ways of working

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2, 3.3 and 3.4.

- an explanation of why it is important to work in partnership with others
- identification of ways of working that can help improve partnership working
- identification skills and approaches needed for resolving conflicts
- an explanation of how and when to access support and advice about:
  - partnership working
  - resolving conflicts.

## PWCS 26: Understand person-centred approaches in adult social care settings

Unit reference J/602/3180

Level 2

Credit value 4

GLH 34

**Unit aim** This unit introduces the concept of person-centred support as a fundamental principle of social care. This unit is aimed at those who are interested in, or new to, working in social care settings with adults.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand person-centred approaches for care and support.	1.1. Define <b>person-centred</b> values.		
	1.2. Explain why it is important to work in a way that embeds person-centred values.		
2. Understand how to implement a person-centred approach in an adult social care setting.	2.1. Describe how to find out the history, preferences, wishes and needs of an <b>individual</b> .		
	2.2. Describe how to take into account the history, preferences, wishes and needs of an individual when planning care and support.		
	2.3. Explain how using an individual's <b>care plan</b> contributes to working in a person-centred way.		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
3. Understand the importance of establishing <b>consent</b> when providing care or support.	3.1. Define the term "consent".		
	3.2. Explain the importance of gaining consent when providing care or support.		
	3.3. Describe how to establish consent for an activity or action.		
	3.4. Explain what steps to take if consent cannot be readily established.		
4. Understand how to encourage <b>active participation</b> .	4.1. Define what is meant by active participation.		
	4.2. Describe how active participation benefits an individual.		
	4.3. Describe ways of reducing barriers to active participation.		
	4.4. Describe ways of encouraging active participation.		
5. Understand how to support an individual's right to make choices.	5.1. Identify ways of supporting an individual to make informed choices.		
	5.2. Explain why risk-taking can be part of an individual's choices.		
	5.3. Explain how agreed risk assessment processes are used to support the right to make choices.		
	5.4. Explain why a worker's personal views should not influence an individual's choices.		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
	5.5. Describe how to support an individual to question or challenge decisions concerning them that are made by <b>others</b> .		
6. Understand how to promote an individual's <b>well-being</b> .	6.1. Explain how individual identity and self-esteem are linked with well-being.		
	6.2. Describe attitudes and approaches that are likely to promote an individual's well-being.		
	6.3. Identify ways to contribute to an <b>environment</b> that promotes well-being.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 26**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 24, 26, 234
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	<p><b>Person-centred values include:</b></p> <ul style="list-style-type: none"> <li>• individuality</li> <li>• rights</li> <li>• choice</li> <li>• privacy</li> <li>• independence</li> <li>• dignity</li> <li>• respect</li> <li>• partnership.</li> </ul> <p>An <b>individual</b> is someone requiring care or support.</p> <p>A <b>care plan</b> may be known by other names (e.g. support plan, individual plan). It is the document where day to day requirements and preferences for care and support are detailed.</p> <p><b>Consent</b> means informed agreement to an action or decision; the process of establishing consent will vary according to an individual's assessed capacity to consent. Consent may be implied, written, or verbal.</p> <p><b>Active participation</b> is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.</p> <p><b>Others</b> may include:</p> <ul style="list-style-type: none"> <li>• colleagues</li> <li>• social worker</li> <li>• occupational therapist</li> <li>• GP</li> <li>• speech and language therapist</li> <li>• physiotherapist</li> <li>• pharmacist</li> <li>• nurse</li> </ul>



	<ul style="list-style-type: none"><li>• specialist nurse</li><li>• psychologist</li><li>• psychiatrist</li><li>• advocate</li><li>• dementia care advisor</li><li>• family or carers.</li></ul> <p><b>Well being</b> may include aspects that are:</p> <ul style="list-style-type: none"><li>• spiritual</li><li>• emotional</li><li>• cultural</li><li>• religious</li><li>• social</li><li>• political</li><li>• sexual</li><li>• physical</li><li>• mental.</li></ul> <p><b>Environment</b> may include physical environment and social environment, e.g. physical environment - bedroom, handbag, personal belongings - social or emotional environment – personal boundaries, subjective feelings etc.</p> <p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p>
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## **Assessment task – PWCS 26 Understand person-centred approaches in adult social care**

When working in adult social care it is important to develop a person-centred approach to all that you do. To develop an understanding of this concept, which is a fundamental principle of social care, produce a project folder in the following sections.

**Section 1: Person-centred approaches for care and support**

**Section 2: How to implement a person-centred approach in an adult social care setting**

**Section 3: The importance of establishing consent when providing care or support**

**Section 4: How to encourage active participation**

**Section 5: How to support an individual's right to make choices**

**Section 6: How to promote an individual's well-being**

**Task 1** links to learning outcome 1, assessment criteria 1.1 and 1.2.

**Section 1: Person-centred approaches for care and support**

- Define person-centred values.
- Explain why it is important to work in a way that embeds person-centred values.

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2 and 2.3.

**Section 2: How to implement a person-centred approach in an adult social care setting**

- Describe how to find out the history, preferences, wishes and needs of an individual.
- Describe how to take into account the history, preferences, wishes and needs of an individual when planning care and support.
- Explain how using an individual's care plan contributes to working in a person-centred way.

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2, 3.3 and 3.4.

**Section 3: The importance of establishing consent when providing care or support**

- Define the term "consent".
- Explain the importance of gaining consent when providing care or support.
- Describe how to establish consent for an activity or action.
- Explain what steps to take if consent cannot be readily established.

**Task 4** links to learning outcome 4, assessment criteria 4.1, 4.2, 4.3 and 4.4.

**Section 4: How to encourage active participation**

- Define what is meant by active participation.
- Describe how active participation benefits an individual.
- Describe ways of reducing barriers to active participation.
- Describe ways of encouraging active participation.

**Task 5** links to learning outcome 5, assessment criteria 5.1, 5.2, 5.3, 5.4 and 5.4.

**Section 5: How to support an individual's right to make choices**

- Identify ways of supporting an individual to make informed choices.
- Explain why risk-taking can be part of an individual's choices.
- Explain how agreed risk assessment processes are used to support the right to make choices.
- Explain why a worker's personal views should not influence an individual's choices.
- Describe how to support an individual to question or challenge decisions concerning them that are made by others.

**Task 6** links to learning outcome 6, assessment criteria 6.1, 6.2, and 6.3.

**Section 6: How to promote an individual's well-being**

- Explain how individual identity and self-esteem are linked with well-being.
- Describe attitudes and approaches that are likely to promote an individual's well-being.
- Identify ways to contribute to an environment that promotes well-being.



## PWCS 27: Understand health and safety in social care settings

Unit reference R/602/3179

Level 2

Credit value 4

GLH 40

**Unit aim** This unit is aimed at those who are interested in, or new to, working in a social care setting. It introduces knowledge and understanding of areas of health and safety required to working in a social care setting.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand the different responsibilities relating to health and safety in social care settings.	1.1. List legislation relating to general health and safety in a social care setting.		
	1.2. Describe the main points of health and safety <b>policies and procedures</b> .		
	1.3. Outline the main health and safety responsibilities of: <ul style="list-style-type: none"> <li>• the social care worker</li> <li>• the employer or manager</li> <li>• <b>individuals</b>.</li> </ul>		
	1.4. Identify <b>tasks</b> relating to health and safety that should only be carried out with special training.		
	1.5. Describe how to access additional support and information relating to health and safety.		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
2. Understand the use of risk assessments in relation to health and safety.	2.1. Define what is meant by "hazard" and "risk".		
	2.2. Describe how to use a health and safety risk assessment.		
	2.3. Explain how and when to report potential health and safety risks that have been identified.		
	2.4. Describe how risk assessment can help address dilemmas between an individual's rights and health and safety concerns.		
3. Understand procedures for responding to accidents and sudden illness.	3.1. Describe different types of accidents and sudden illness that may occur in a social care setting.		
	3.2. Outline the procedures to be followed if an accident or sudden illness should occur.		
	3.3. Explain why it is important for emergency first aid tasks only to be carried out by qualified first aiders.		
4. Know how to reduce the spread of infection.	4.1. List routes by which an infection can get into the body.		
	4.2. Describe ways in which own health or hygiene might pose a risk to an individual or to others at work.		
	4.3. Explain the most thorough method for hand washing.		
	4.4. Describe when to use different types of <b>personal protective equipment</b> .		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
5. Know how to move and handle equipment and other objects safely.	5.1. Identify legislation that relates to moving and handling.		
	5.2. List principles for safe moving and handling.		
	5.3. Explain why it is important for moving and handling tasks to be carried out following specialist training.		
6. Understand the principles of assisting and moving an individual.	6.1. Explain why it is important to have specialist training before assisting and moving an individual.		
	6.2. Explain the importance of following an individual's <b>care plan</b> and fully engaging with them when assisting and moving.		
7. Know how to handle hazardous substances.	7.1. Identify hazardous substances that may be found in the social care setting.		
	7.2. Describe safe practices for: <ul style="list-style-type: none"> <li>• storing hazardous substances</li> <li>• using hazardous substances</li> <li>• disposing of hazardous substances.</li> </ul>		
8. Know environmental safety procedures in the social care setting.	8.1. Outline procedures to be followed in the social care setting to prevent: <ul style="list-style-type: none"> <li>• fire</li> <li>• gas leak</li> <li>• floods</li> <li>• intruding</li> <li>• security breach.</li> </ul>		

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
	8.2. Outline procedures to be followed in the social care setting in the event of: <ul style="list-style-type: none"> <li>• fire</li> <li>• gas leak</li> <li>• floods</li> <li>• intruding</li> <li>• security breach.</li> </ul>		
9. Know how to manage stress.	9.1. Identify common signs and indicators of stress.		
	9.2. Identify circumstances that tend to trigger own stress.		
	9.3. Describe ways to manage stress.		
10. Understand procedures regarding <b>handling medication</b> .	10.1. Describe the main points of agreed procedures about handling medication.		
	10.2. Identify who is responsible for medication in a social care setting.		
	10.3. Explain why medication must only be handled following specialist training.		
11. Understand how to handle and store food safely.	11.1. Identify food safety standards relevant to a social care setting.		
	11.2. Explain how to: <ul style="list-style-type: none"> <li>• store food</li> <li>• maximise hygiene when handling food</li> <li>• dispose of food.</li> </ul>		
	11.3. Identify common hazards when handling and storing food.		



**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 27**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 22, 221, 223
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	<p><b>Policies and procedures</b> may include agreed ways of working as well as formal policies and procedures.</p> <p><b>Individual</b> refers to someone requiring care or support.</p> <p><b>Tasks</b> that the learner should not carry out without special training may include those relating to:</p> <ul style="list-style-type: none"> <li>• use of equipment</li> <li>• first aid</li> <li>• medication</li> <li>• assisting and moving</li> <li>• emergency procedures</li> <li>• food handling and preparation.</li> </ul> <p><b>Personal protective equipment</b> refers to any protective equipment or clothing that an employer must provide where risks have been identified. This may include:</p> <ul style="list-style-type: none"> <li>• gloves</li> <li>• aprons</li> <li>• masks</li> <li>• hair nets.</li> </ul>

	<p><b>Care plan</b> – may be known by other names (e.g.: support plan, individual plan). It is the document where day-to-day requirements and preferences for care and support are detailed.</p> <p><b>Stress</b> can have positive as well as negative effects, but in this unit the word is used to refer to negative stress.</p> <p><b>Handling medication</b> may include:</p> <ul style="list-style-type: none"><li>• ordering</li><li>• receiving</li><li>• storage</li><li>• administration</li><li>• recording</li><li>• disposal.</li></ul> <p>This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.</p>
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## Assessment task – PWCS 27 Understand health and safety in social care settings

Understanding the issues around health and safety is important for service users and staff working in health and social care settings. To show your knowledge in this area produce a health and safety pack which includes the following sections:

**Task 1** links to learning outcome 1, assessment criteria 1.1, 1.2, 1.3, 1.4 and 1.5.

### Section 1: Responsibilities relating to health and safety in social care settings

- List legislation relating to general health and safety in a social care setting.
- Describe the main points of health and safety policies and procedures.
- Outline the main health and safety responsibilities of:
  - the social care worker
  - the employer or manager
  - individuals.
- Identify tasks relating to health and safety that should only be carried out with special training.
- Describe how to access additional support and information relating to health and safety.

**Task 2** links to learning outcome 2, assessment criteria 2.1, 2.2, 2.3 and 2.4.

### Section 2: The use of risk assessments in relation to health and safety

- Define what is meant by “hazard” and “risk”.
- Describe how to use a health and safety risk assessment.
- Explain how and when to report potential health and safety risks that have been identified.
- Describe how risk assessment can help address dilemmas between an individual's rights and health and safety concerns.

**Task 3** links to learning outcome 3, assessment criteria 3.1, 3.2 and 3.3.

### Section 3: Procedures for responding to accidents and sudden illness

- Describe different types of accidents and sudden illness that may occur in a social care setting.
- Outline the procedures to be followed if an accident or sudden illness should occur.
- Explain why it is important for emergency first aid tasks only to be carried out by qualified first aiders.

**Task 4** links to learning outcome 4, assessment criteria 4.1, 4.2, 4.3 and 4.4.

#### **Section 4: How to reduce the spread of infection**

- List routes by which an infection can get into the body.
- Describe ways in which own health or hygiene might pose a risk to an individual or to others at work.
- Explain the most thorough method for hand washing.
- Describe when to use different types of personal protective equipment.

**Task 5** links to learning outcome 5, assessment criteria 5.1, 5.2 and 5.3.

#### **Section 5: How to move and handle equipment and other objects safely**

- Identify legislation that relates to moving and handling.
- List principles for safe moving and handling.
- Explain why it is important for moving and handling tasks to be carried out following specialist training.

**Task 6** Links to learning outcome 6, assessment criteria 6.1 and 6.2.

#### **Section 6: Understand the principles of assisting and moving an individual**

- Explain why it is important to have specialist training before assisting and moving an individual.
- Explain the importance of following an individual's care plan and fully engaging with them when assisting and moving.

**Task 7** links to learning outcome 7, assessment criteria 7.1, 7.2.

#### **Section 7: How to handle hazardous substances**

- Identify hazardous substances that may be found in the social care setting.
- Describe safe practices for:
  - storing hazardous substances
  - using hazardous substances
  - disposing of hazardous substances.

**Task 8** links to learning outcome 8, assessment criteria 8.1 and 8.2.

### **Section 8: Environmental safety procedures in the social care setting**

- Outline procedures to be followed in the social care setting to prevent:
  - fire
  - gas leak
  - floods
  - intruding
  - security breach.
- Outline procedures to be followed in the social care setting in the event of:
  - fire
  - gas leak
  - floods
  - intruding
  - security breach.

**Task 9** links to learning outcome 9, assessment criteria 9.1, 9.2 and 9.3.

### **Section 9: How to manage stress**

- Identify common signs and indicators of stress.
- Identify circumstances that tend to trigger own stress.
- Describe ways to manage stress.

**Task 10** links to learning outcome 10, assessment criteria 10.1, 10.2 and 10.3.

### **Section 10: Procedures regarding handling medication**

- Describe the main points of agreed procedures about handling medication.
- Identify who is responsible for medication in a social care setting.
- Explain why medication must only be handled following specialist training.

Task 11 links to learning outcome 11, assessment criteria 11.1, 11.2 and 11.3.

### **Section 11: How to handle and store food safely**

- Identify food safety standards relevant to a social care setting.
- Explain how to:
  - store food
  - maximise hygiene when handling food
  - dispose of food.
- Identify common hazards when handling and storing food.

## PWCS 28: Understand how to handle information in social care settings

Unit reference Y/602/3118 Level 2

Credit value 1 GLH 9

**Unit aim** This unit introduces knowledge required for good practice in recording, storing and sharing information in a social care setting. This unit is aimed at those who are interested in, or new to, working in social care settings.

<b>Learner name:</b>	<b>CACHE Centre no:</b>
<b>CACHE PIN:</b>	<b>ULN:</b>

<b>Learning outcomes</b> The learner will:	<b>Assessment criteria</b> The learner can:	<b>Evidence record</b> e.g. page number & method	<b>Assessor judgement achieved</b> Initial and date
1. Understand the need for secure handling of information in social care settings.	1.1. Identify the legislation that relates to the recording, storage and sharing of information in social care.		
	1.2. Explain why it is important to have secure systems for recording and storing information in a social care setting.		
2. Know how to access support for handling information in social care settings.	2.1. Describe how to access guidance, information and advice about handling information.		
	2.2. Explain what actions to take when there are concerns over the recording, storing or sharing of information.		

**Learner declaration of authenticity:**

I declare that the work presented for this unit is entirely my own work.

Learner signature:

Date:

**Assessor sign off of completed unit: PWCS 28**

I confirm that the learner has met the requirements for all assessment criteria demonstrating knowledge and skills for this unit.

Assessor name:

Signature:

Date:

For e-portfolio a signature is not required, providing the learner has a personalised and secure login.

<b>Additional information about the unit:</b>	
Relationship to occupational standards – provided with the QCF unit	HSC 21
<b>Guidance for developing assessment arrangements for the unit:</b>	
Unit assessment guidance – provided by the sector	This unit must be assessed in line with the Skills for Care and Development QCF Assessment Principles.



## Assessment task – PWCS 28 Understand how to handle information in social care settings

**Task** links to learning outcome 1 and 2, assessment criteria 1.1, 1.2, 2.1 and 2.2.

Effective handling, storing and sharing information when working in social care settings is vital for the ongoing quality care of the service user. To gain an understanding of good practice in this area prepare an information document which:

- identifies the legislation that relates to the recording, storage and sharing of information in social care
- explains why it is important to have secure systems for recording and storing information in a social care setting
- describes how to access guidance, information and advice about handling information
- outlines what actions to take when there are concerns over the recording, storing or sharing of information.



## **Section 4: Assessment and quality assurance information for tutors and assessors**

## Assessment guidance

A recommended range of assessment methods has been identified for the units in this qualification. This gives the opportunity for different learning styles and individual needs of learners to be taken into account.

### Recommended range of assessment methods for this qualification

One of the following assessment methods can be chosen to produce evidence.

#### For Knowledge only learning outcomes:

- Written and pictorial information
- Scenario or case study
- Task set by CACHE
- Oral questions and answers
- Assessment method devised by Centre and approved by CACHE

If you are proposing to use an assessment method that is not included within the recommended list you should contact your Centre Quality Advisor with full details of your proposed method. It will need formal approval from us before it can be used.

A key to the recommended assessment methods is included in *“How to ... A Guide to Assessing CACHE QCF Qualifications”* which forms part of the Resource Centre on cachezone.

## Assessment strategies and principles relevant to this qualification

The units we offer have been developed in line with the specific **assessment strategies or principles** of different Sector Skills Councils (SSCs) or by us where there is no SSC lead.

The key requirements of the assessment strategies or principles that relate to units in this qualification are **summarised** below. More detailed strategies or principles can be found in the *“How to ... A Guide to Understanding the Requirements of Assessors and Internal Quality Assurers for CACHE QCF Qualifications”*.

The Centre needs to ensure that individuals undertaking assessor or quality assurer roles within your Centre conform to the SSC assessment requirements for the **unit** they are assessing or quality assuring.

### Skills for Care and Development Assessment Principles

#### Knowledge learning outcomes

- **Assessors** will need to be both occupationally knowledgeable and qualified to make assessment decisions
- **Internal Quality Assurers** will need to be both occupationally knowledgeable and qualified to make quality assurance decisions

#### Competence / Skills learning outcomes

- **Assessors** will need to be both occupationally competent and qualified to make assessment decisions
- **Internal Quality Assurers** will need to be both occupationally knowledgeable and qualified to make quality assurance decisions

### CACHE Assessment Strategy

#### Knowledge learning outcomes

- **Assessors** will need to be both occupationally knowledgeable and qualified to make assessment decisions
- **Internal Quality Assurers** need to be both occupationally knowledgeable and qualified to make quality assurance decisions

#### Competence / Skills learning outcomes

- **Assessors** will need to be both occupationally competent and qualified to make assessment decisions
- **Internal Quality Assurers** will need to be both occupationally knowledgeable and qualified to make quality assurance decisions



## **Section 5: Feedback**

## Tell us what you think!

Your feedback is really important to us.

Please take a few moments to tell us how well this document supports you when teaching or studying this qualification.

The form is also available as a separate document on [cachezone](#).



## QCF Support Materials Feedback Form

**Qualification:** CACHE Level 2 Certificate in Preparing to Work in Adult Social Care (QCF)

**Name:** \_\_\_\_\_ **Are you:** a Tutor / a Learner

**Centre name:** \_\_\_\_\_ **Centre no.:** \_\_\_\_\_

**Contact details: \*** **Tel.:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Please rate the following statements on a scale of 1-3:**

1 Disagree 2 Tend to agree 3 Agree

1. This document is presented in a clear and accessible way and I can easily find the information I need.

1	2	3
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2. This document contains all the information I need to teach or study this qualification.

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3. The language used throughout this document is clear, unambiguous and appropriate for both tutors and learners.

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4. **Tutors only.** This document has had a positive effect on the way I deliver this qualification.

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**Please use the space below to provide more detailed comments or additional feedback**

**\* Please indicate if you would like us to contact you about your feedback**

Yes / No

Please email your completed feedback form to: [gcfsupportmaterials@cache.org.uk](mailto:gcfsupportmaterials@cache.org.uk)

Alternatively, you may post or fax your form to:  
**CACHE QCF Support Materials,**  
**CACHE, Apex House,**  
**81 Camp Road, St. Albans, Herts. AL1 5GB**  
 Fax: 01727 818613





## Section 6: Publication history

This section identifies important changes made to this document since its first publication in December 2010.

All page numbers refer to this version of the document.

- p.39, Unit SHC 24: Task 2 in assessment task corrected

A comprehensive **CACHE QCF Support Materials Publication History**, including details of changes made to all CACHE QCF support materials, is available on [cachezone](#).